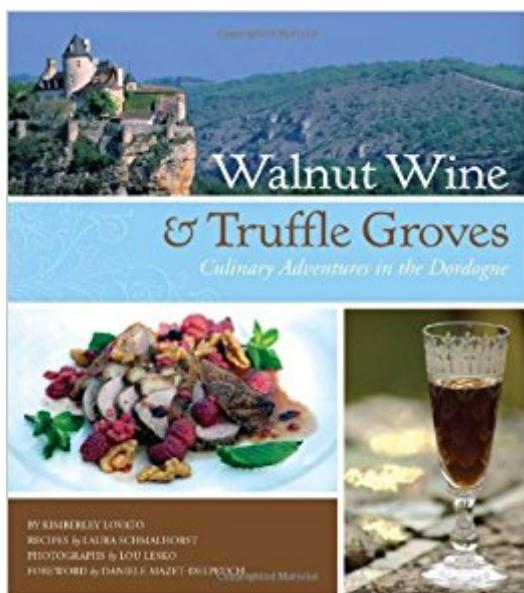


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# Walnut Wine And Truffle Groves: Culinary Adventures In The Dordogne



## Synopsis

Pull up a chair and visit the Dordogne (called Périgord by the locals) the way it should be visited: one bite at a time. *Walnut Wine and Truffle Groves* is a culinary travel book that navigates the back roads "as well as the menus and markets" of the southwestern region of France with newfound excitement. Through interviews with local home cooks and chefs, visits to local farms, historic sites and wineries, market tours, and serendipitous detours, Lovato provides a glimpse into this unspoiled wonderland. The alluring recipes and stunning photographs let readers discover the true jewels in France's culinary crown as well as discover the country's most beautiful and less trod-upon provinces. Winner of the 2010 Gourmand World Cookbooks Award (USA) for Culinary Travel in the category of Lifestyle, Body and Soul and a Cordon d' Or - Gold Ribbon International Culinary Academy Award in 2011.

## Book Information

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## Customer Reviews

Milwaukee Journal Sentinel *œ*This book takes the idea of travelogue-cookbook and turns it into a thing of beauty. *•*Bob Batz, Jr., *Â* Pittsburgh Post-Gazette *œ*I now yearn to go to and eat my way through a region I've never stopped in, thanks to a pretty and approachable new book that's part travelogue, part cookbook, and all delicious. *•*The Chicago Tribune, May 30, 2010 *œ*This handsome book tries to introduce readers to one of France's best culinary destinations, a bucolic province about 100 miles east of Bordeaux. Author Kimberley Lovato describes Dordogne as "undiscovered territory," a place where one can easily "and joyfully" get lost. Lovato visits local farms, markets and wineries, offering a culinary portrait of a region and its people. What's more, she

includes many wonderful recipes, such as roasted eggplant and the aperitif vin de noix (walnut wine), a sweet dark wine made from green walnuts. Gorgeous color photographs too. •The Feast, May 2010 •This cookbook brings home the flavor of your travel memories, and for those who haven't visited, the recipes provide a total immersion into the art of Périgord cooking. | Like the food you will experience, take time for this adventure. Go slow. Enjoy. Savor. The Dordogne is a must-see travel destination if you believe in fairytales, or if you need evidence of their sure existence. •EFVblog.com, May 24, 2010 •A "culinary adventure" for foodies and Francophiles. •San Francisco Review, 9/14/10The exquisite experiential writing of author Kimberley Lovato is perfectly complemented with the stunning photographs of Lou Lesko which eventually will draw readers to plan a visit to the charming town of Dordogne, France. The pages therein are a delectable assortment of personal stories from the various characters that have fallen in love with the region and recipes of Chef Laura Schmalhorst which celebrate traditions and local gourmet jewels like the highly coveted truffle, foie gras, and walnut wine. While Schmalhorst's recipes which commemorate Périgord cuisine were a little harder for me to prepare were beyond doubt the most enjoyable and rewarding. Experience the region that has touched the author deeply. The admirable outcome of her emotions for the local people, artisans, and their crafts is a brilliant almost fairy-tale like narration that will keep you wanting more. •France On Your Own, November 2010 •I must begin by saying that this captivating book kept me smiling from beginning to end. Written with warmth, love and a keen sense of the humor | a must-own book for every Francophile and would-be French chef. •Society of American Travel Writers •Walnut Wine & Truffle Groves has everything one could want in a travel book: a deep appreciation of the culture of the Dordogne region of France, insight into how the people live and think, fascinating information about history and geography, practical tips for visiting there and outstanding photographs by Lou Lesko. And then there's the bonus: Chef Laura Schmalhorst's recipes for re-creating the exquisite dishes Lovato sampled on her culinary adventures. The reader does not have to be a chef or even try the recipes to enjoy this book. Lovato uses food as the unifying theme for her exploration because food is so important to the culture "food, and a lifestyle that suspends time in order to fully appreciate the bounties of nature, the culinary arts and the human society that gathers at the table. •

Kimberley Lovato is a travel writer and freelance journalist. Her articles have appeared in various online and print media in the US and abroad, and she is a regular contributor to Tampa Bay Illustrated and Together Magazine, a lifestyle publication based in Brussels. She splits her time between her home in France and the United States. Chef Laura Schmalhorst ran a gourmet shop,

catering business, and custom events venue in Florida for 25 years. In 2003, she founded Vagabond Gourmet, a luxury culinary tour company and now leads adventurous foodies around the world. She lives in Tampa, Florida. Lou Lesko is a photographer and commercial director based in CA. He is the owner of Blinkdbid, an estimating software for creative professionals, and is the author of Advertising Photography.

I just received this book and it has to be the find of the year. It tells wonderful facts of the Dordogne region of France and gives recipes that make you drool while reading. The writing is fabulous and takes you far away from home to this wonderful region. It leaves the reader wanting to either hop a plane and arrive in France anxious to experience the sights, smells and tastes of the Dordogne, or immediately throw on an apron and start cooking, tasting and entertaining. The pictures are breathtaking, the recipes sound divine and the writing is mouthwatering good. I can't wait to start preparing these tempting culinary delights. Salle Johnson

What a beautiful book. I love to travel around Europe and particularly France, but have never been to the Dordogne. This book makes me want to hop on the next plane! Great stories about the local characters, beautiful pictures of the sights and food, plus fabulous looking recipes that inspire you to try to recreate the magic of French cooking in your own kitchen. More than a cookbook, but more than a coffee-table travel book too; this is a book you will reach for again and again. Highly recommend for anyone who loves good food and travel!

The Kindle edition is poorly formatted and annoying to process. Appears slapped together by publishers for a quick buck. The travelogue and recipes are interesting and pertinent.

I just got this book and it is absolutely beautiful. The pictures and words tell a beautiful story of the Dordogne region of France, and the recipes make it even sweeter. For anyone who loves France, travel, fine food, and adventure, I recommend it!

Excellent insight into the beauty and customs of this area of France. Great recipes. Terrific pictures and tips of where to go.

2 new books , one had stab marks on the hard cover , front so i kept that one and gave away the other

I can say that I have personally been on one of Laura's trips. The book story is easy reading, the recipes are so enticing....and to be fortunate enough to live in Tampa, and EAT Laura's food...IS THE ULTIMATE LIFETIME EXPERIENCE!

The beautiful pictures and entertaining prose make this much more than just another cookbook. It is definitely my new favorite gift to give . . what a great find.Joyce Foust

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